

2022

HUMBOLDT 5K



RUN / WALK

MENTAL HEALTH & SUICIDE AWARENESS

SUNDAY, MAY 1ST

HUMBOLDT HIGH SCHOOL

COLOR GEAR PICK-UP 1PM | RUN/WALK 2:30PM

ALL PARTICIPANTS WILL RECEIVE A T-SHIRT, SUNGLASSES & POWDER!

\$35 GENERAL REGISTRATION ----- \$15 STUDENT REGISTRATION

REGISTRATION DEADLINE: APRIL 15TH

REGISTER ONLINE AT HUMBOLDTHOSPITAL.ORG

OR mail entries & checks payable to:

HCMH Foundation 1000 N. 15th Street, Humboldt, IA 50548

Want to become a business sponsor or have questions?

Call 515-332-4200



All proceeds go to the HCMH Foundation to support mental health and suicide awareness through actions that support, educate and empower patients, students and families of Humboldt County.

HCMH
FOUNDATION

ONE ENTRY FORM PER PARTICIPANT:

NAME: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

PHONE:(_____) _____ EMAIL: _____

_____ **GENERAL REGISTRATION [\$35]** _____ **STUDENT REGISTRATION [\$15]**

ADULT T-SHIRT SIZE(S): _____ SMALL _____ MEDIUM _____ LARGE _____ X-LARGE _____ XX-LARGE
 _____ XXX-LARGE

YOUTH T-SHIRT SIZE(S): _____ SMALL _____ MEDIUM _____ LARGE

EVERYONE MUST READ AND ACCEPT THIS WAIVER, SO PLEASE READ CAREFULLY BEFORE ACCEPTING THIS ACKNOWLEDGMENT, WAIVER, AND RELEASE FROM LIABILITY.

In consideration of my registration for and participation in the Humboldt 5K Color Run/Walk, or such other rescheduled date (the "Event"), I accept any and all risks of participation and agree to release, discharge, hold harmless and indemnify (and covenant and agree not to sue) All Event sponsors, the venue, and all officers, directors, and members of said organizations, their respective employees, agents, licensees, designees and any other individuals who are in any way associated with this Event including volunteers (collectively, the "Released Parties"), on behalf of myself and my heirs from any and all liability, claims, demands, and/or actions, which are related to, arise out of, or in any way connected with my participation in this Event, whether caused by the negligence of the Released Parties or not. I acknowledge that I am in proper physical condition to be present at the Event and participate in any and all activities therein and that my participation in this Event is completely voluntary. I understand and acknowledge that the Event will be held on uneven terrain, over public roads and through facilities that may be open to the public during the Event. I knowingly and voluntarily accept and assume responsibility for any risks and dangers that could arise out of, or occur during, my presence at and participation in the Event and will comply with any and all on-site directions, guidelines and rules of conduct at the Event. I understand that if the Event is canceled because of circumstances beyond the control of the Event committee and sponsors, including but not limited to hazardous weather conditions or governmental ban, my entry fee will not be refunded.

I hereby grant the Released Parties the absolute and irrevocable right and permission to film me, take photographs, pictures or other portraits of me, videotape and otherwise record me, and to record my voice, conversations and sounds, along with my name, likeness, image and voice (collectively, "Recordings"), all of which may be used, and to copyright and/or use and/or publish the Recordings in whole or in part, as well as any and all other materials that may include the Recordings, in conjunction with my own or fictitious name, in any media now or hereinafter existing, including without limitation any and all television, Internet and/or paid media, including third-party websites and social networking sites, for any purpose whatever, throughout the world, in perpetuity, without further compensation or notification to me, except where prohibited by law. I hereby agree to indemnify and hold harmless the Released Parties from and against any and all claims or liabilities arising out of the taking, processing, reproduction and/or use of the Recordings in accordance with the terms hereof, including but not limited to claims in the nature of copyright infringement, defamation, disparagement, slander, false light, invasion of privacy or publicity or the like.

I HEREBY AFFIRM THAT I AM EIGHTEEN (18) YEARS OF AGE OR OLDER. I HAVE READ THIS WAIVER AND UNDERSTAND ITS CONTENT.

FOR PERSONS UNDER EIGHTEEN (18) YEARS OF AGE, A PARENT OR LEGAL GUARDIAN MUST ACCEPT THE ABOVE WAIVER AND COMPLETE THE FOLLOWING SECTION.

The parent and natural or legal guardian of the registered minor do acknowledge that he or she has executed the foregoing WAIVER for and on behalf of the named minor. As the natural or legal guardian of the minor, I agree to bind myself, the minor, and our executors, administrators, heirs, next of kin, successors and assigns, to the terms of the above WAIVER. I represent that I have the legal capacity and authority to act for and on the behalf of the minor named here, and I agree to indemnify and hold harmless the Released Parties listed in the foregoing WAIVER for any claims made of liabilities assessed against the Released Parties as a result of any insufficiency of my legal capacity or authority to act for and on the behalf of the minor in the execution of this WAIVER or in the execution of this CONSENT.

I authorize any licensed physician, emergency personnel, hospital, or other medical or health care facility (Medical Provider) to treat the minor for the purpose of attempting to treat or relieve any injuries received by said minor arising out of or relating to The Color Run event. I authorize such Medical Provider to perform all procedures deemed medically advisable in attempting to treat or relieve such injuries. I consent to the administration of anesthesia as deemed advisable during the course of treatment. I realize and appreciate that there is a possibility of complications and unforeseen consequences in any medical treatment, and I assume such risk for and on behalf of myself and said minor. I acknowledge that no warranty is being made as to the results of any medical treatment.

NOTE: PARENT/GUARDIAN MUST ALSO ACCEPT THE ABOVE WAIVER.

REFUND & WEATHER POLICY

There are no refunds if the event is held. The logistics of setting up and planning the event make it impossible. Just make sure you are good to go before signing up. If for some reason you can't make it to race day, at least come to the Check-In Party, pick up your gear, and say hi to us!

DATE CHANGE: As a registered participant, you have two options if our team changes the date of an event (unrelated to a weather cancellation):

1. If the new date works for you, great news! You are automatically registered for the event that day. Watch for more exciting race day specifics that will be emailed to you a month before the event.
2. If the new date does NOT work for you, please contact us at 515-332-4200 and our awesome customer service reps will help you.

CANCELED EVENT: If an event is canceled for reasons unrelated to our weather policy, full refunds will automatically be issued back to the original form of payment within 5-7 business days of when an announcement is made to cancel an event. Runners will be sent an email receipt when the refund has been processed.

WEATHER POLICY: The Event takes place rain or shine. In the event that weather or other unforeseeable conditions are deemed by Event Organizers and/or City Officials to be potentially hazardous to participants and volunteers, the organizers reserve the right to postpone the start time or cancel the event outright. Cancellation of the event may take place either prior to the start of the event or at any time while the event is taking place.

There will be no refunds or deferrals for weather cancellation.

SIGNATURE: _____ DATE: _____

PARENT/GUARDIAN PRINTED NAME: _____